

## BEST PRACTICES OF THE INSTITUTION

### 1) ECO CLUB:-

#### GOAL:

- To create environmental awareness
- To enable the students to be sensitive towards environmental concerns to tackle environmental problems.
- To create a clean and green environment.

#### CONTEXT:

- The rising temperature, climatic change, ozone layer depletion are a matter of concern. It was felt that the students be made aware of these burning problems. So Eco Club was formed.

#### THE PRACTICE:

- Focus on Action based activities like tree plantation, cleanliness drive, organize, rallies, marches, human chains, slogans, banners. Seminars and Lectures were organized on environmental issues to sensitize the students to minimize the use of plastic bags, promote ethos of energy conservation.

#### EVIDENCE OF SUCCESS:

- Our Campus has become a clean, green and “No Plastic Zone”.

## **2) SELF DEFENSE TRAINING:-**

### **GOAL:**

- To train the students in self defense so as to counter immediate threat of violence.

### **CONTEXT:**

- Self defense training programme is considered as the need of time. The right of self defense is the right of people to use reasonable force or defensive force for the purpose of defending ones own life or the lives of others. In the present day context when society is facing so much violence against women, it is a must that every girl child be trained in self defense technique.

### **THE PRACTICE:**

- Training in Self Defense was imparted to the students.
- The Wushu Champions of our institution volunteered to train the students.

### **EVIDENCE OF SUCCESS:**

- The students developed a sense of self confidence.

### **PROBLEMS ENCOUNTERED:**

- Sometimes it was difficult to convince the parents.